

Uitslagen NK Indoor Snelwandelen op 26 februari 2006
 in sporthal De Vang in Zaandam

| plaats | | cate- gorie | geboren | vereniging | 3000 m | 1000 m |
|----------------|----------------------|----------------|------------|------------|---------|---------|
| open wedstrijd | | | | | | |
| 1 | Frank vd Gulik | M | 1977 | sv de LAT | 15,43,8 | |
| 2 | Sandra Maas | V | 9-3-1985 | RWV | 19,57,3 | |
| 3 | Tim Uitslager | JD | 1993 | Zaanland | | 6,47,0 |
| Jongens AB | | | | | | |
| 1 | Ronald Maas | JA | 1987 | RWV | 15,36,6 | |
| 2 | Julien Eken | JA | 1988 | RWV | 16,08,8 | |
| 3 | Alex Bouwmeester | JA | 1988 | Zaanland | 22,08,3 | |
| meisjes AB | | | | | | |
| 1 | Liesbeth van Leeuwen | MA | 1988 | av NOP | 19,17,1 | |
| 2 | Alicia Eken | MB | 1990 | RWV | 20,07,4 | |
| 3 | Aletta Riezebos | MC | 1992 | RWV | 24,22,4 | |
| vrouwen V55 | | | | | | |
| 1 | Marleen Radder | V55 | 22-2-1951 | RWV | 17,29,8 | Ned Rec |
| 2 | Coby Bunschoten | V55 | 18-12-1947 | RWV | 20,39,8 | |
| 3 | Hermien Teske | V55 | 15-2-1949 | RWV | 25,24,6 | |
| mannen M35 | | | | | | |
| 1 | Victor Mennen | M40 | 4-7-1963 | Unitas | 14,15,3 | |
| 2 | Pedro Huntjens | M35 | 10-9-1967 | Unitas | 14,30,0 | |
| 3 | Hans van der Knaap | M45 | 9-12-1959 | RWV | 16,01,0 | |
| 4 | Rene Bouwmeester | M40 | 8-6-1961 | Zaanland | 17,06,6 | |
| 5 | Henk Klijn | M45 | 10-4-1959 | sv de LAT | 18,38,0 | |
| 6 | Gerrit Riezebos | M45 | 15-2-1959 | RWV | 19,16,5 | |
| 7 | Paul Maas | M45 | 22-8-1956 | RWV | 19,37,9 | |
| mannen M50 | | | | | | |
| 1 | Theo Koenis | M50 | 12-10-1951 | sv de LAT | 14,44,3 | |
| 2 | Alex Wijsman | M55 | 3-2-1948 | sv de LAT | 16,37,3 | Ned Rec |
| 3 | Fred Rohner | M55 | 11-9-1950 | Unitas | 17,07,9 | |
| 4 | Klaas Bakker | M65 | 6-5-1937 | OLAT | 17,26,2 | |
| 5 | Hans v Wakeren | M55 | 2-3-1949 | Unitas | 18,06,2 | |
| 6 | Ad van Oijen | M60 | 31-5-1944 | av Weert | 18,14,7 | |
| 7 | Tjabel Ras | M70 | 2-10-1935 | RWV | 18,18,7 | Ned Rec |
| 8 | Aad v Leeuwen | M55 | 17-6-1949 | av NOP | 18,49,6 | |
| 9 | Wim van Bremen | M50 | 24-7-1955 | RWV | 20,23,8 | |
| 10 | Wout v Wieringen | M70 | 17-4-1933 | RWV | 21,14,4 | |
| 11 | Bernard Krabbendam | M70 | 11-8-1934 | sv de LAT | 22,07,5 | |

Rondetijden NK Indoor Snelwandelen op 26 februari 2006
in sporthal De Vang in Zaandam



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|---|------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|--------|
| 1 | Frank vd Gulik | 00'32.2 | 01'05.6 | 01'39.5 | 02'14.1 | 02'48.7 | 03'23.3 | 03'57.4 | 04'31.5 | 05'05.8 | = | 1000 m |
| | | 05'41.3 | 06'16.4 | 06'51.7 | 07'27.8 | 08'02.9 | 08'37.9 | 09'12.8 | 09'48.0 | 10'24.2 | = | 2000 m |
| | | 10'60.0 | 11'35.4 | 12'11.7 | 12'47.8 | 13'23.8 | 13'59.6 | 14'35.1 | 15'10.3 | 15'43.8 | = | 3000 m |
| 2 | Tim Uitslager | 00'37.9 | 01'24.6 | 02'12.1 | 02'59.8 | 03'48.5 | 04'34.8 | 05'18.8 | 06'03.9 | 06'47.1 | = | 1000 m |
| 1 | Alex Bouwmeester | 00'38.4 | 01'20.5 | 02'06.3 | 02'52.5 | 03'37.9 | 04'25.2 | 05'13.3 | 06'04.8 | 06'55.0 | = | 1000 m |
| | | 07'45.6 | 08'35.7 | 09'29.2 | 10'21.0 | 11'12.2 | 12'03.4 | 12'53.9 | 13'43.4 | 14'33.8 | = | 2000 m |
| | | 15'24.1 | 16'14.5 | 17'05.0 | 17'56.3 | 18'47.7 | 19'38.3 | 20'28.7 | 21'18.1 | 22'08.3 | = | 3000 m |
| 2 | Ronald Maas | 00'27.4 | 00'59.6 | 01'31.6 | 02'04.2 | 02'36.3 | 03'09.1 | 03'41.7 | 04'16.2 | 04'50.5 | = | 1000 m |
| | | 05'25.0 | 05'59.4 | 06'33.9 | 07'08.3 | 07'43.0 | 08'18.0 | 08'52.4 | 09'27.8 | 10'02.8 | = | 2000 m |
| | | 10'40.2 | 11'17.1 | 11'54.3 | 12'30.7 | 13'07.6 | 13'44.9 | 14'20.4 | 14'57.9 | 15'36.6 | = | 3000 m |
| 4 | Julien Eken | 00'31.4 | 01'04.6 | 01'39.4 | 02'16.5 | 02'53.1 | 03'29.7 | 04'06.6 | 04'42.0 | 05'16.3 | = | 1000 m |
| | | 05'52.1 | 06'28.0 | 07'02.7 | 07'38.6 | 08'12.6 | 08'49.2 | 09'25.3 | 10'01.9 | 10'39.5 | = | 2000 m |
| | | 11'16.5 | 11'53.9 | 12'31.2 | 13'07.1 | 13'44.1 | 14'19.6 | 14'57.0 | 15'31.2 | 16'08.8 | = | 3000 m |
| 1 | Coby Bunschoten | 00'45.6 | 01'30.9 | 02'16.5 | 03'02.7 | 03'50.2 | 04'37.4 | 05'24.2 | 06'11.1 | 06'58.1 | = | 1000 m |
| | | 07'43.6 | 08'29.0 | 09'16.0 | 10'01.5 | 10'47.1 | 11'32.8 | 12'18.6 | 13'03.9 | 13'50.1 | = | 2000 m |
| | | 14'35.8 | 15'22.6 | 16'07.9 | 16'52.8 | 17'38.6 | 18'24.5 | 19'10.1 | 19'55.4 | 20'39.8 | = | 3000 m |
| 2 | Marleen Radder | 00'38.0 | 01'14.3 | 01'51.0 | 02'28.8 | 03'06.5 | 03'45.4 | 04'24.8 | 05'05.5 | 05'45.8 | = | 1000 m |
| | | 06'26.2 | 07'07.0 | 07'47.0 | 08'26.6 | 09'05.8 | 09'43.7 | 10'22.8 | 11'01.9 | 11'41.7 | = | 2000 m |
| | | 12'22.0 | 13'02.6 | 13'41.8 | 14'20.8 | 14'59.6 | 15'37.9 | 16'16.1 | 16'54.4 | 17'29.8 | = | 3000 m |
| 3 | Hermien Teske | 00'53.7 | 01'49.1 | 02'44.8 | 03'41.4 | 04'38.9 | 05'35.3 | 06'31.3 | 07'27.9 | 08'25.4 | = | 1000 m |
| | | 09'23.4 | 10'22.3 | 11'20.5 | 12'16.8 | 13'14.2 | 14'12.2 | 15'08.6 | 16'05.8 | 17'01.7 | = | 2000 m |
| | | 17'59.6 | 18'56.8 | 19'54.7 | 20'50.2 | 21'46.7 | 22'42.3 | 23'36.4 | 24'30.6 | 25'24.6 | = | 3000 m |

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|---|--------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|--------|
| 4 | Alicia Eken | 00'41.7 | 01'21.4 | 02'02.2 | 02'43.8 | 03'25.4 | 04'08.0 | 04'51.0 | 05'35.9 | 06'19.4 | = | 1000 m |
| | | 07'03.4 | 07'47.8 | 08'31.6 | 09'15.3 | 10'00.1 | 10'45.6 | 11'31.2 | 12'17.3 | 13'03.2 | = | 2000 m |
| | | 13'51.6 | 14'38.9 | 15'26.1 | 16'13.8 | 17'00.9 | 17'48.6 | 18'36.1 | 19'22.6 | 20'07.4 | = | 3000 m |
| 5 | Aletta Riezebos | 00'47.8 | 01'37.1 | 02'28.0 | 03'22.2 | 04'16.0 | 05'09.6 | 06'03.0 | 06'57.0 | 07'53.1 | = | 1000 m |
| | | 08'48.5 | 09'46.7 | 10'44.2 | 11'40.8 | 12'38.0 | 13'33.8 | 14'28.4 | 15'23.5 | 16'18.2 | = | 2000 m |
| | | 17'11.8 | 18'07.6 | 19'04.4 | 20'03.1 | 21'01.3 | 21'54.4 | 22'45.9 | 23'35.3 | 24'22.4 | = | 3000 m |
| 6 | Liesbeth v Leeuwen | 00'40.0 | 01'19.6 | 02'00.3 | 02'42.1 | 03'23.9 | 04'05.2 | 04'48.5 | 05'32.5 | 06'17.1 | = | 1000 m |
| | | 07'01.2 | 07'45.6 | 08'30.4 | 09'12.2 | 09'53.3 | 10'34.9 | 11'17.0 | 11'59.7 | 12'42.3 | = | 2000 m |
| | | 13'25.6 | 14'09.8 | 14'54.2 | 15'39.0 | 16'22.8 | 17'07.3 | 17'50.8 | 18'34.1 | 19'17.1 | = | 3000 m |
| 9 | Sandra Maas | 00'40.6 | 01'20.5 | 02'01.1 | 02'43.0 | 03'24.6 | 04'05.8 | 04'47.8 | 05'31.6 | 06'16.1 | = | 1000 m |
| | | 07'00.5 | 07'44.9 | 08'29.6 | 09'12.9 | 09'54.3 | 10'39.3 | 11'25.7 | 12'12.2 | 12'59.7 | = | 2000 m |
| | | 13'46.7 | 14'34.1 | 15'22.0 | 16'08.7 | 16'53.6 | 17'39.6 | 18'25.9 | 19'13.1 | 19'57.2 | = | 3000 m |
| 1 | Henk Klijn | 00'43.3 | 01'25.0 | 02'07.4 | 02'49.0 | 03'30.4 | 04'11.2 | 04'53.1 | 05'35.3 | 06'17.0 | = | 1000 m |
| | | 06'57.8 | 07'38.6 | 08'20.3 | 09'01.6 | 09'42.3 | 10'22.9 | 11'04.2 | 11'46.6 | 12'28.2 | = | 2000 m |
| | | 13'09.8 | 13'53.2 | 14'35.3 | 15'14.5 | 15'57.1 | 16'39.5 | 17'20.6 | 18'03.0 | 18'38.0 | = | 3000 m |
| 2 | Hans vd Knaap | 00'34.4 | 01'07.6 | 01'41.3 | 02'15.4 | 02'49.9 | 03'24.9 | 03'59.4 | 04'34.5 | 05'09.1 | = | 1000 m |
| | | 05'44.1 | 06'19.6 | 06'55.0 | 07'30.7 | 08'06.9 | 08'43.0 | 09'18.9 | 09'55.4 | 10'32.2 | = | 2000 m |
| | | 11'08.7 | 11'45.7 | 12'22.0 | 12'59.1 | 13'35.8 | 14'13.7 | 14'50.9 | 15'26.6 | 16'01.0 | = | 3000 m |
| 3 | Paul Maas | 00'44.2 | 01'27.2 | 02'11.9 | 02'54.8 | 03'35.6 | 04'17.9 | 05'00.4 | 05'43.1 | 06'25.5 | = | 1000 m |
| | | 07'07.9 | 07'50.0 | 08'32.9 | 09'15.7 | 09'58.0 | 10'40.8 | 11'23.1 | ?? | 12'52.0 | = | 2000 m |
| | | 13'36.7 | 14'20.5 | 15'05.4 | 15'50.5 | 16'36.5 | 17'24.0 | 18'11.3 | 18'56.0 | 19'37.9 | = | 3000 m |
| 4 | Gerrit Riezebos | 00'41.2 | 01'22.0 | 02'05.2 | 02'48.2 | 03'32.3 | 04'15.7 | 04'59.5 | 05'42.1 | 06'24.3 | = | 1000 m |
| | | 07'07.0 | 07'48.5 | 08'32.2 | 09'15.0 | 09'57.3 | 10'39.9 | 11'22.7 | 12'06.1 | 12'49.3 | = | 2000 m |
| | | 13'31.7 | 14'14.5 | 14'57.2 | 15'40.8 | 16'24.3 | 17'07.9 | 17'51.0 | 18'34.9 | 19'16.5 | = | 3000 m |
| 5 | Victor Mennen | 00'32.1 | 01'02.6 | 01'33.4 | 02'04.1 | 02'34.8 | 03'02.7 | 03'33.3 | 04'02.3 | 04'32.5 | = | 1000 m |
| | | 05'02.5 | 05'32.8 | 06'03.0 | 06'34.1 | 07'05.1 | 07'36.5 | 08'08.2 | 08'39.9 | 09'13.5 | = | 2000 m |
| | | 09'45.8 | 10'19.1 | 10'51.9 | 11'26.0 | 11'59.3 | 12'33.5 | 13'07.5 | 13'41.3 | 14'15.3 | = | 3000 m |

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|---|--------------------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---|--------|
| 6 | Rene Bouwmeester | 00'41.9 | 01'22.7 | 02'01.7 | 02'39.4 | 03'17.7 | 03'56.5 | 04'35.5 | 05'13.2 | 05'50.8 | = | 1000 m |
| | | 06'27.9 | 07'05.8 | 07'42.5 | 08'19.7 | 08'57.4 | 09'35.3 | 10'13.3 | 10'50.7 | 11'28.9 | = | 2000 m |
| | | 12'06.7 | 12'44.7 | 13'22.6 | 14'00.4 | 14'38.5 | 15'16.0 | 15'53.7 | 16'29.6 | 17'06.6 | = | 3000 m |
| 7 | Pedro Huntjens | 00'32.8 | 01'03.2 | 01'34.1 | 02'04.6 | 02'34.3 | 03'01.2 | 03'32.9 | 04'03.1 | 04'33.3 | = | 1000 m |
| | | 05'03.8 | 05'36.6 | 06'09.7 | 06'41.8 | 07'15.2 | 07'49.3 | 08'22.3 | 08'55.8 | 09'28.3 | = | 2000 m |
| | | 10'02.6 | 10'35.4 | 11'10.0 | 11'45.2 | 12'16.3 | 12'50.8 | 13'26.5 | 13'58.0 | 14'30.0 | = | 3000 m |
| 1 | Bernard Krabbendam | 00'46.2 | 01'33.5 | 02'21.0 | 03'10.6 | 03'59.3 | 04'47.2 | 05'36.5 | 06'24.9 | 07'14.1 | = | 1000 m |
| | | 08'03.5 | 08'52.3 | 09'41.6 | 10'31.0 | 11'21.4 | 12'11.2 | 13'00.4 | 13'50.1 | 14'40.2 | = | 2000 m |
| | | 15'30.8 | 16'20.4 | 17'10.1 | 17'59.6 | 18'48.6 | 19'38.0 | 20'28.6 | 21'18.3 | 22'07.5 | = | 3000 m |
| 2 | Wout v Wieringen | 00'44.0 | 01'28.9 | 02'14.8 | 03'01.1 | 03'46.6 | 04'32.8 | 05'19.5 | 06'06.4 | 06'53.0 | = | 1000 m |
| | | 07'39.7 | 08'27.3 | 09'14.7 | 10'01.7 | 10'48.7 | 11'36.0 | 12'23.0 | 13'11.5 | 13'59.4 | = | 2000 m |
| | | 14'49.1 | 15'37.3 | 16'26.1 | 17'16.1 | 18'04.9 | 18'52.8 | 19'40.4 | 20'26.5 | 21'14.4 | = | 3000 m |
| 3 | Tjabel Ras | 00'41.6 | 01'21.5 | 02'02.5 | 02'43.8 | 03'25.4 | 04'06.6 | 04'47.8 | 05'28.3 | 06'09.3 | = | 1000 m |
| | | 06'49.2 | 07'29.5 | 08'10.3 | 08'51.1 | 09'31.7 | 10'12.1 | 10'52.5 | 11'33.0 | 12'14.0 | = | 2000 m |
| | | 12'54.6 | 13'35.0 | 14'15.3 | 14'57.0 | 15'37.9 | 16'18.7 | 16'59.3 | 17'39.7 | 18'18.7 | = | 3000 m |
| 4 | Klaas Bakker | 00'39.7 | 01'17.9 | 01'56.0 | 02'34.7 | 03'12.9 | 03'51.1 | 04'29.2 | 05'07.0 | 05'45.6 | = | 1000 m |
| | | 06'23.4 | 07'01.8 | 07'40.5 | 08'18.4 | 08'58.3 | 09'36.6 | 10'15.7 | 10'55.2 | 11'33.9 | = | 2000 m |
| | | 12'12.9 | ?? | 13'30.3 | 14'10.0 | 14'48.3 | 15'27.8 | 16'08.1 | 16'47.6 | 17'26.2 | = | 3000 m |
| 5 | Ad v Oijen | 00'39.1 | 01'19.8 | 01'59.7 | 02'39.9 | 03'20.0 | 04'00.2 | 04'41.2 | 05'22.0 | 06'03.4 | = | 1000 m |
| | | 06'44.1 | 07'24.5 | 08'05.4 | 08'46.6 | 09'27.0 | 10'07.5 | 10'47.8 | 11'29.0 | 12'09.6 | = | 2000 m |
| | | 12'50.8 | 13'31.7 | 14'12.4 | 14'53.4 | 15'34.8 | 16'15.6 | 16'56.5 | 17'37.0 | 18'14.7 | = | 3000 m |
| 6 | Alex Wijsman | 00'34.5 | 01'09.1 | 01'44.8 | 02'21.7 | 02'59.4 | 03'36.6 | 04'13.7 | 04'50.5 | 05'27.3 | = | 1000 m |
| | | 06'04.9 | 06'42.4 | 07'19.5 | 07'56.6 | 08'33.9 | 09'11.7 | 09'48.7 | 10'26.4 | 11'03.6 | = | 2000 m |
| | | 11'40.8 | 12'17.9 | 12'55.6 | 13'33.1 | 14'11.0 | 14'47.4 | 15'24.7 | 16'02.1 | 16'37.3 | = | 3000 m |
| 7 | Fred Rohner | 00'35.3 | 01'10.2 | 01'46.1 | 02'22.3 | 03'00.2 | 03'37.6 | 04'14.4 | 04'52.2 | 05'29.4 | = | 1000 m |
| | | 06'07.4 | 06'46.0 | 07'23.1 | 08'01.9 | 08'40.8 | 09'19.4 | 09'58.8 | 10'38.8 | 11'17.2 | = | 2000 m |
| | | 11'56.4 | 12'35.0 | 13'14.0 | 13'52.7 | 14'32.9 | 15'12.3 | 15'52.8 | 16'30.8 | 17'07.9 | = | 3000 m |

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|----|----------------|---------|---------|---------|---------|---------|---------|---------|---------|----------|
| 8 | Hans v Wakeren | | | | | | | | | |
| | 00'40.2 | 01'18.7 | 01'56.9 | 02'35.5 | 03'14.5 | 03'52.1 | 04'30.1 | 05'07.6 | 05'47.0 | = 1000 m |
| | 06'27.0 | 07'06.4 | 07'46.3 | 08'26.8 | 09'07.4 | 09'47.2 | 10'28.7 | 11'09.2 | 11'49.6 | = 2000 m |
| | 12'31.7 | 13'13.1 | 13'54.5 | 14'36.0 | 15'17.8 | 16'00.6 | 16'43.6 | 17'25.3 | 18'06.2 | = 3000 m |
| 9 | Aad v Leeuwen | | | | | | | | | |
| | 00'41.1 | 01'22.5 | 02'04.7 | 02'46.8 | 03'29.3 | 04'11.1 | 04'52.9 | 05'33.7 | 06'16.1 | = 1000 m |
| | 06'58.0 | 07'39.0 | 08'20.7 | 09'02.2 | 09'44.1 | 10'25.8 | 11'08.2 | 11'50.8 | 12'32.6 | = 2000 m |
| | 13'14.9 | 13'56.3 | 14'38.1 | 15'20.8 | 16'03.1 | 16'45.6 | 17'27.6 | 18'09.6 | 18'49.6 | = 3000 m |
| 11 | Theo Koenis | | | | | | | | | |
| | 00'31.3 | 01'03.4 | 01'35.3 | 02'08.1 | 02'41.0 | 03'13.6 | 03'46.1 | 04'18.3 | 04'51.3 | = 1000 m |
| | 05'24.5 | 05'56.8 | 06'29.4 | 07'02.4 | 07'34.9 | 08'07.8 | 08'40.4 | 09'13.3 | 09'46.4 | = 2000 m |
| | 10'20.0 | 10'53.3 | 11'27.3 | 12'00.3 | 12'33.9 | 13'07.7 | 13'40.7 | 14'13.4 | 14'44.3 | = 3000 m |
| 12 | Wim v Bremen | | | | | | | | | |
| | 00'43.4 | 01'26.0 | 02'09.8 | 02'54.7 | 03'39.1 | 04'24.0 | 05'09.0 | 05'53.2 | 06'37.5 | = 1000 m |
| | 07'22.3 | 08'07.2 | 08'53.0 | 09'37.9 | 10'24.2 | 11'10.6 | 11'57.6 | 12'44.1 | 13'31.0 | = 2000 m |
| | 14'16.5 | 15'03.6 | 15'51.2 | 16'37.9 | 17'24.2 | 18'10.8 | 18'56.8 | 19'42.2 | 20'23.8 | = 3000 m |